Abstract
- Structured into two sections: Objective and Results description.
- State the purpose of the research presented and give a brief summary of the main findings.

Word limit: 200 words

Keywords
- Include 3-10 keywords representing the main content of the article.

Introduction
- Provide the objective for the work presented.
- Tell the reader where the data came from and why it was collected (be brief).
- Introduce the topic in one or two sentences and cite articles for further information (do not write a literature review).
- Cite any other published or unpublished work that this manuscript extends.

The combined word limit for introduction, main text, and limitations is 2000 words.
The number of tables and figures is limited to 3.

Limitations
- Clearly state any limitations of your work, it helps readers assess if your work is going to be useful to them.
- Transparency about shortcomings will not negatively impact your chances of publication – it will improve them!

Abbreviations
- List any used abbreviations here.

Declarations
- Examples include competing interests, ethics approval, consent for approval etc. Follow our author guidelines.

References
- Use Vancouver style.

Legends
- Add all figure legends and table headings/legends here, including for additional files.